



The Rainbow Montessori Nursery School Weaning Policy

This policy covers all safeguarding and welfare requirements of the statutory Framework for the EYFS (2025)

Rainbow Montessori Nursery works in partnership with parents through their child's weaning process. The nursery has a flexible approach to provide continuity to the child. Parents are given a full, daily report on the child's milk/food intake during the weaning process on Tapestry. We will work closely with parents to introduce solids into baby's diet when the child is around 6 months and follow government guidelines.

Parents must keep us up to date and informed of any changes.

Starting Weaning

The nursery will be directed by the parents to introduce first solid food to the child. Food will not be given before the recommended age without consultation with the child's Health Visitor. There will be special considerations for children who are born prematurely, and we will consult with professionals regarding this.

Parents provide the food required at the correct consistency for their child's stage of weaning.

We recognise that all children are individuals, some start introducing solid food earlier, others later, some are choosy, others like everything and anything. Rainbow Montessori Nursery offers advice and support to any parents that would like it, throughout the weaning process.

We follow the weaning guidance from the Department of Health.

http://www.dh.gov.uk/prod_consum_dh/groups/dh_digitalassets/documents/digitalasset/dh_084164.pdf

Warming food

Infant food is to be warmed to a suitable body temperature (37c). Milk is warmed by placing it in a jug of hot water.

The food is then to be checked for temperature to ensure that it is cool enough for the baby to eat, using a temperature probe. This temperature is recorded.

The quantity of food consumed by the child is recorded on Tapestry.

The temperature of the food is to be checked and recorded by a member of staff using a milk/food temperature probe before the bottle is given to the child unless the parent advises staff to offer the food cold.

If refused, the food will be offered to the baby again at 10-15-minute intervals. Food will be discarded after 30 minutes. Food is never re-heated.

[Help for early years providers : Food safety \(education.gov.uk\)](https://www.gov.uk/guidance/help-for-early-years-providers-food-safety)

This policy was adopted on	Signed on behalf of the nursery	Date for review
<i>4 December 2025</i>	H.Wade	<i>November 2026</i>